

Name: _____

Class: _____

Sorting food group:

Look at the food items below and write them under the correct food group.

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|--------|--------|-------------|--------|---------|
| Egg | Milk | Corn | Banana | Apple |
| Curd | carrot | fish | Pulses | Potato |
| Cheese | meat | Kidney bean | Grapes | Spinach |

| Vegetables | Fruits | Dairy | Protein | Grains |
|------------|--------|-------|---------|--------|
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