

Name: _____

Class: _____

Sorting food into food group:

Write each food item into the correct food group from the word box.

Banana	Carrot	Spinach	Rice	Pasta	Chicken
Orange	Yoghurt	Broccoli	Milk	Cheese	Oatmeal
Cucumber	Beans	Bread	Watermelon	Nuts	Fish
Buttermilk	Orange	Strawberry	Cauliflower	Eggplant	Apple

Dairy	Grains	Proteins
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____

Fruits	Vegetables
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____
6. _____	6. _____